



Victoria English Country Dance

The Victoria Ball — 2023

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An English Country Dance Weekend  April 14 –16

Craigflower Community & Performing Arts Centre  
(<https://www.craigflowercommunitycentre.com/>)

*Dance Leader* — **Laura Mé Smith**

*Musicians* — **The Dancehall Players**

Friday:

- Dance called by Jenny Fraser: 7:30 – 10:30;

Saturday

- Morning workshop: 10:30–12:30
- Catered bag Lunch: 12:30–1:30, followed by entertainment,
- Evening Ball: 7:30–10:30

Sunday

- Brunch: 10:00 – 12:00 at The Schau's 3919 Woodhaven Terrace.

COVID POLICY: This will be a “masks optional” event, in keeping with the direction taken by the BC Health Office, and our own practice here in Victoria. Nonetheless, we ask that you take every precaution to manage risks to your health, and especially to that of others.

VENUE NOTE: This new centre is situated at the corner of Craigflower Road and Admirals Road (1801 Admirals Road) —about 15 minutes by car from downtown. We will be dancing in a brand new building, purpose-built for community events and dancing (with a state-of-the-art sprung wooden floor).

As always, this event is entirely fragrance free.

## The Ball program will be selected from these dances

### THE ARCHER

*Longways duple*

*Gm 2/2*

- A1: 1-4 1st Corners Right hand turn halfway; set  
5-8 Cast around P back home.
- A2: 1-4 2nd Corners Left hand turn halfway; set  
5-8 Cast around P back home.
- B1: 1-4 Circle 1x  
5-8 Set & link
- B2: 1-4 Rights & Lefts - 2 changes  
5-8 P 2-hand turn halfway; 1s cast; 2s lead up

*Dance: Anna Rain*

*Music: The Huntsman's Chorus from Weber's opera Der Freischutz*

The Archer - <https://www.youtube.com/watch?v=m5MsR0zalzA>

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### BE KIND

*4 couples longways*

*F 3/4*

- A1: 1-4 Ends meet & cast 1 place WHILE middles meet & lead to nearest end.  
4 waltz steps  
5-8 4s in centre - Star Right.
- A2: 1-4 4s at ends - Star Left.  
5-8 Middles meet & cast back to home  
WHILE Ends meet, lead in & face other end.
- B: 1-4 4s In centre - 1st Corners cross; 2nd Corners cross;  
5-8 4s at ends - 1st Corners cross; 2nd Corners cross.  
9-12 All 8 Circle halfway.  
13-16 Partner Two hand turn to own side.  
(middles 1x; ends ½ or 1 ½)

*Dance: Rosemary Lach*

*Music: Here's to Dr. Bonnie - Keith Malcolm*

## BEL CANTO

*Longways duple*

*Bb 2/2*

- A1: 1-4 1st corners Right hand turn 1x  
5-6 Ps - Right shoulder siding  
7-8 All turn single Left back to place
- A2: 1-4 2nd Corners Left hand turn 1x.  
5-6 Ps - Left shoulder siding  
7-8 All turn single Right back to place
- B: 1-4 Circle Left halfway & fall back  
5-8 Rights & Lefts - 2 changes  
9-12 1s cross & go below ending in middle of a Line of 4 facing up  
WHILE 2s lead up & cast onto ends of line  
13-16 Line of 4 up a double & back  
17-20 1s cross trail up & around 2s to progress WHILE 2s meet & lead up

*Dance: Susan Kevra*

*Music: One Card Short – David Wiesler*

Bel Canto - <https://www.youtube.com/watch?v=w118p5BHpCI>

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## BONNY KATE OF PERTH

*3 Couples longways*

*Dm 6/8*

- A1: 1-4 With 2 skip changes 1s dance down middle of set;  
with 4 walking steps turn away from each other to face out below 3s.  
5-8 1s & 3s handy hand turn 1x finishing with 1s facing out - (M-RH, W-LH).
- A2: 1-4 Repeat A1:with 1s dancing up outside and meeting at top of set to face  
out at home.  
5-8 1s & 2s handy hand turn 1x - (M-LH, W-RH). 1s end facing out.
- B1: 1-8 Morris hey (skip change).1s end facing out.
- B2: 1-4 1s & 2s gypsy - M-L, W-R. 2s lead up to 1st place  
WHILE 1s continue down outside to 2nd place.  
5-8 1s lead down centre & turn away from each other Into 3rd place  
WHILE 3s long cast up to 2nd place.  
Repeat 2x

*Dance: Walsh 1718 Reconstruction: Andrew Shaw*

Bonny Kate of Perth - <https://www.youtube.com/watch?v=ysbF6jUkJIQ#t=1m30s>  
(dance video starts at 1:30)

## **BRIGHT SHINING SEA**

*3 Couple longways*

*D 4/4*

- A1: 1-4 P Left hand turn 1x; keep holding hands  
5-8 Balance towards P and away. Turn single over Right shoulder.
- A2: 1-4 P Right hand turn 1x; keep holding hands.  
5-8 Balance towards P and away. Turn single over Left shoulder into....
- B: 1-8 Mirror hey  
9-12 P Back to back  
13-16 Tops lead to bottom  
WHILE 2s & 3s face up, lead up individually & curl out to place.

*Dance: Rosemary Lach*

*Music: Dan Page*

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## **BRIMSTONE AND TREACLE**

*4 couples longways 1s and 3s Improper*

*F 3/4*

- A1: 1-4 Middles half figure 8 out through nearer end.  
5-6 Middles 2 changes of Rights & Lefts. Face N at end for...  
7-8 Grand chain - 2 changes into.....
- A2: 1-4 New Middles half figure 8 out through nearer end.  
5-6 Middles 2 changes of Lefts & Rights. Face N at end for...  
7-8 Grand chain - 2 changes Left & Right.  
All home in P's place.
- B1: 1-2 Top couple 2-hand turn halfway into  
3-4 Top 2 couples circle left halfway.  
5-8 Middles draw poussette halfway CCW (4 waltz steps)
- B2: 1-2 Original 1s (in 3rd place) 2-hand turn halfway into  
3-4 Bottom 2 couples circle left halfway.  
5-7 All turn single (3 waltz steps)  
8 All trade places with P passing Left shoulder.  
Progression: 2-3-4-1

*Dance: Colin Wallace.*

*Music: Brimstone Corner - Rodney & Elvie Miller.*

## CHICAGO

4 Couples longways 1s & 3s Improper

D 3/4

- A1: 1-4 In 4s circle Left 1x: end facing N.  
5-8 Half hey up & down, passing Right to start.
- A2: 1-4 In 4s Star Right halfway; middles Star Left halfway and face ends.  
5-8 Half hey up & down, passing Right to start. End facing N up and down.
- B1: 1-4 N back to back.  
5-8 N 2-hand turn halfway and lead out.
- B2: 1-4 N 2-hand turn halfway and lead back in.  
5-8 P back to back.  
Progression: 2-4-1-3

*Dance: Trevor Monson*

*Music: Ethan Hazzard-Watkins*

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## THE CORONATION DAY

Longways duple

F 2/2

- A1: 1-4 1s lead down to 2nd place, cross into P's place and face P  
WHILE 2s wide cast up.
- A2: 1-4 2s repeat.  
All home and crossed over.
- B1: 1-4 Current 2nd Corners pass L; With P on the side Right shoulder round  
half-way.  
5-8 New 2nd Corners pass L; with N on the side Right shoulder round half-  
way.  
All progressed.
- B2: 1-4 1s lead up  
WHILE 2s move down the outside; all turn single away from neighbour  
(ones up, twos down).  
5-8 1s cross & cast as 2s lead up; 1s cross to own side.

*Dance: Henry Playford -- Dancing Master 10th Edition, 1698.*

*Reconstruction: Colin Hume*

The Coronation Day - <https://www.youtube.com/watch?v=lgFzO-jfyU8>

## DUBLIN BAY

*Longways duple*

*Cm 12/8*

- A 1 W1 set forward to M2  
WHILE M1 set forward to W2.  
2-3 Corners Right hand turn 1x; 1s finish in P's place at home.  
4-5 1s cross by left shoulder, go down the outside, come up between 2nd couple & turn to face neighbour.  
6-7 With N arm right 1x, ending in a line of 4 facing down. 1s in the middle.
- B 1-2 Fall back a double (up the hall), go forward a double.  
3-4 Turning towards neighbour, change line to face up.  
Fall back a double (down the hall) and come forward a double.  
5 2s gate the 1s up and around to progressed place

*Dance: John Young -- Dancing Master Volume 2, 1st Edition, 1713*

*Reconstruction: Bernard Bentley*

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## THE ELY WALTZ

*Circle*

*32 bar waltzes*

- A1: 1-8 Circle left.  
Circle right.
- A2: 1-4 Right-hand turn partner (3 bars), pass P by R shoulder.  
5-8 Left-hand turn the next, pass by L shoulder.
- B1: 1-4 Give right to number 3: balance forward & back; box the gnat.  
5-8 Balance again; do a wide Petronella turn single so men have backs to centre, ladies are on the outside facing this Partner, flowing into...
- B2: 1-4 Back to back.  
5-8 Waltz around, finishing back in the circle.

*Dance: Colin Hume, 2006.*

## THE KITCHEN TRIAD

3 couple longways

D 2/2

- A1: 1-8 1s cross over & go below. 2s move up. 1s 2-hand turn halfway, lead down through 3s & cast back up to middle place. Stay wide.
- A2: 1-8 Right file (W) star Left halfway; Left file (M) star Right halfway. Starting with 1s trade stars, W going in front of P. Turn stars halfway & open up to lines with 1s in middle. All crossed over.  
2 – 1 - 3
- B1: 1-4 Lines of 3 go forward & back.  
5-8 Circle 6 halfway. All on own side. 3 - 1 – 2
- B2: 1-4 Top 2 couples trade places with P & go down 1 place WHILE bottom couple set & lead up to top. 2 - 3 - 1  
5-8 All swing.

*Dance: Fried de Metz Herman Music: Little Judique*

Kitchen Triad - <https://www.youtube.com/watch?v=AVyzntdh9u8>

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## MARY K

Longways duple Improper

Cm 3/2

- A1: 1-3 Men cast over right shoulder, behind neighbour to each other's place  
4 With partner, 2-hand turn ½ way
- A2: 1-3 Women cast over right shoulder, behind partner to each other's place  
4 With neighbour, 2 hand turn ½ way
- B 1-2 Circle four ½ way, fall back  
3-4 Face partner, pass through, turn back into set  
5-6 2 changes of rights and lefts, starting with partner  
7-8 With partner, 2 hand turn once round.
- C Petit Fours  
1-4 1s lead UP, face each other, fall back, face down, lead down outside, face each other, meet in middle  
WHILE 2s face each other, fall back, face down, lead down outside, face each other, meet in middle, lead up centre  
5-8 With the next couple Repeat 1-4, 1s lead DOWN to start

*Dance: Gary Roodman Music: Dave Wiesler.*

Mary K - <https://www.youtube.com/watch?v=l5yQwNEEnQo>

## MIDNIGHT RAMBLE

*Longways duple*

*Dm 2/2*

A1: 1-4 1s clap, cross & go below.  
2s move up.  
5-8 1s 2-hand turn to own side - ½ or 1 ½

A2: 1-8 2s repeat A1. All home.

B1: 1-4 1s cross & go below. (No clap)  
5-8 1s half figure 8 up.

B2: 1-8 Rights & Lefts: 4 changes.

*Dance: Thompson 1773*

*Reconstruction: George Fogg*

Midnight Ramble - [https://www.youtube.com/watch?v=DB\\_b3PYtZY4](https://www.youtube.com/watch?v=DB_b3PYtZY4)

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## MR. HAMILTON'S INAUGURATION

*Longways duple*

*G 9/8*

A: 1-4 Neighbour Left hand turn 1x.  
2nd Corners Hole in the Wall to trade places. (LEFT shoulder)  
5-8 With P on the side Right hand turn 1x.  
1st Corners Hole in the Wall to trade places. (RIGHT shoulder)

B: 1-2 Circle halfway.  
3-4 P 2-hand turn halfway; keep holding inside hands & face Ns.  
5-6 Set LEFT; turn single RIGHT into  
7-8 Single file circle halfway CW to progressed places & face new Ns.

*Dance: Joseph Pimentel*

*Music: Debbie Jackson*



## THE POTTER'S WHEEL

*Longways duple*

*D 9/8*

- A 1-4 Rights and Lefts: 4 changes starting Right hand to P.  
5-8 1s Right-hand turn  $1\frac{1}{2}$  to end facing W2
- B 1-4 Dolphin hey for 3 across the set, starting by passing W2 by Left shoulder.  
5-6 2s cast up to progressed place  
WHILE 1s, with M1 in lead, go down middle of set & curve to own side.  
7-8 All Right-hand turn P once round.

*Dance: Chris Sackett & Brooke Friendly*

*Music: The Snowy Path – Mark Kelly*

Potter's Wheel - <https://www.youtube.com/watch?v=e5V6g8dZ8sA>

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## SAINT MARGARET'S HILL

*3 couples longways*

*Gm 3/2*

- A 1-4 1s cast into middle place - 2s move up. 1s 2-hand turn  $\frac{3}{4}$  to lines of 3 across the set.  
W1 between 2s; M1 between 3s.  
5-8 Lines of 3 fall back, come forward into circle halfway
- B1: 1-2 1s with person on Right - Right hand turn 1x  
3-4 1s Left hand turn  $\frac{3}{4}$ ; end facing down IMPROPER  
5-8 1s lead down through bottom couple, cast back up to middle place, 2-hand turn halfway to end on own side.
- B2: 1-2 1s with person on Right, Left hand turn 1x  
3-4 1s Right hand turn  $\frac{3}{4}$ ; end facing up IMPROPER.  
5-6 1s lead up through top couple, cast to middle.  
7-8 All 2-hand turn halfway.

Repeat 2 more times.

*Dance: John Young -- Dancing Master Volume 2, 1st Edition, 1713*

*Reconstruction: Bernard Bentley*

Saint Margaret's Hill - <https://www.youtube.com/watch?v=iMEhK5KryKQ>

# SALLY IN OUR ALLEY

*Longways duple*

C 3/4

- A1: 1-4 1st corners cast around N, pass each other Left shoulder in centre, go around P to end in each other's place.
- A2: 1-4 2nd Corners repeat, passing Right in centre.
- B1: 1-4 All fall back and come forward, pass P and loop R to face Partner.  
5-8 Circular hey: 4 changes no hands
- B2: 1-4 Current 2nd corners change by Left; 1st corners change Right.  
Quick circle 1x.  
All home Improper.
- 5-8 1s long cast and 2-hand turn half way  
WHILE 2s 2-hand turn 1½ moving up to progressed place.

*Dance: Walsh 1719*

*Reconstruction: Jacqueline Schwab*

Sally in our Alley - <https://www.youtube.com/watch?v=jEZfjqlHc4>

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